

EVIDENCE-BASED RECIDIVISM REDUCTION (EBRRS) & PRODUCTIVE ACTIVITIES (PAs) BY NEED AREA

PRODUCTIVE ACTIVITIES IN ITALICS

FSA NEED AREA	PROGRAM ADDRESSING NEED AREA
Anger/Hostility	<p>Anger Management (Psychology) <i>Beyond Violence</i> (Social Worker, Challenge (Psychology) <i>START NOW</i> (Contractors, Education, Health Services, Psychology, RAC, Social Worker, SPPC, Unit Team, Volunteers)</p>
Antisocial Peers	<p>Bureau Rehabilitation and Values Enhancement (BRAVE) (Psychology) <i>CBT for Prison Gambling</i> (Psychology) Challenge (Psychology) Criminal Thinking (Psychology) <i>Disabilities Education Program</i> (RAC, SPPC, Social Worker) Female Integrated Treatment (FIT) (Education, Psychology) Mental Health Step Down (Psychology) <i>PEER</i> (Social Worker, SPPC, Unit Team) Residential Drug Abuse Program (RDAP) (Psychology) <i>Resilience Support</i> (RAC, SPPC, Unit Team, Volunteers) Seeking Safety/Seeking Strength (Psychology) Sex Offender Treatment Program (SOTP-R) (Psychology) Skills (Psychology) Social Skills Training (Psychology) <i>Soldier On</i> (Contractors, Social Worker, SPPC, Unit Team, Volunteers) STAGES (Psychology) <i>Women's Relationships</i> (Contractors, Education, Social Worker, SPPC, Volunteers)</p>
Cognitions	<p><i>Access</i> <u>PTSD Female Survivors</u> Anger Management (Psychology) Assert Yourself for Female Offenders (Social Worker, SPPC, Unit Team) Basic Cognitive Skills (Psychology) <i>Beyond Violence</i> (Social Worker, SPPC) Bureau Rehabilitation and Values Enhancement (BRAVE) (Psychology) <i>CBT for Prison Gambling</i> (Psychology) <u>Challenge (Psychology) substance use mental illness, Schizophrenia, (psychotic, mood, anxiety, or personality).</u> <i>Change Plan</i> (Contractors, Education, Health Services, Psychology, Social Worker, SPPC, Unit Team, Volunteers) <i>Circle of Strength</i> (Psychology, Social Worker, SPPC, Unit Team) <u>Cognitive Processing Therapy (Psychology) PTSD</u> Criminal Thinking (Psychology) <u>Dialectical Behavior Therapy (Psychology) Directed at those w/ suicidal thoughts, urges, and suicide attempts.</u> <i>Disabilities Education Program</i> (RAC, SPPC, Social Worker) <i>Embracing Interfaith Cooperation</i> (Chaplaincy, Contractors, Volunteers) Emotional Self-Regulation (Psychology) Female Integrated Treatment (FIT) (Education, Psychology), <u>mental illness, PTSD, DRUGS,</u> Foundation (RAC, Social Worker, SPPC) <i>House of Healing</i> (Chaplaincy, Contractors, Volunteers) <u>Mental Health Step Down (Psychology) Serious mental illness lac the s ills to nction in eneral</u> Non-Residential Drug Abuse Program (NRDAP) (Psychology) Non-Residential Sex Offender Treatment Program (SOTP-NR) (Psychology) Residential Drug Abuse Program (RDAP) (Psychology) <i>Resilience Support</i> (RAC, SPPC, Unit Team, Volunteers) Resolve (Psychology) Seeking Safety/Seeking Strength (Psychology) Sex Offender Treatment Program (SOTP-R) (Psychology) <i>Sexual Self-Regulation</i> (Psychology) <u>Skills (Psychology) intellectual, neurological or social deficiencies (ie Autistic) Participation can be on oin</u> <u>Social Skills Training (Psychology) schi ophrenia</u> <u>STAGES (Psychology) Borderline personality disorder</u> <i>START NOW</i> (Contractors, Education, Health Services, Psychology, RAC, Social Worker, SPPC, Unit Team, Volunteers) <i>Understanding Your Feelings</i> (Education, Health Services, Social Worker, SPPC) <i>Victim Impact</i> (Health Services, Unit Team) <i>Women's Relationships</i> (Contractors, Education, Social Worker, SPPC, Volunteers) <i>Women's Relationships II</i> (Social Worker, SPPC)</p>
Dyslexia	<p><i>Hooked on Phonics</i> (Contractors, Education, Volunteers)</p>
Education	<p>Bureau Literacy Program (Contractors, Education) <i>Change Plan</i> (Contractors, Education, Health Services, Psychology, Social Worker, SPPC, Unit Team, Volunteers) <i>English-as-a-Second Language</i> (Contractors, Education, Volunteers) Foundation (RAC, Social Worker, SPPC) <i>Supported Employment</i> (FPI, Health Services, Psychology) <i>Ultra Key 6</i> (Contractors, Education) <i>Women in the 21st Century Work Place</i> (Contractors, Education, FPI, Social Worker, SPPC, Volunteers)</p>
Family/Parenting	<p>Assert Yourself for Female Offenders (Social Worker, SPPC, Unit Team) <i>Franklin Covey 7 Habits on the Inside</i> (Unit Team)</p>

	<p>Life Connections (Chaplaincy, Contractors, Volunteers) National Parenting from Prison Program (Education, Social Worker, SPPC, Unit Team) Pu'a Foundation Reentry Program (Contractors, Education, Social Worker, Unit Team, Volunteers) Threshold Program (Chaplaincy, Contractors, Volunteers) Women's Relationships (Contractors, Education, Social Worker, SPPC, Volunteers)</p>
Finance/Poverty	<p>AAFP Foundation Finances (RAC, Unit Team, Volunteers) Money Smart for Adults (Business Office, Contractors, Unit Team, Volunteers) Money Smart for Older Adults (Business Office, Contractors, Unit Team, Volunteers) Square One (Business Office, Contractors, Education, Health Services, RAC, Social Worker, SPPC, Unit Team, Volunteers)</p>
Medical	<p>Arthritis Foundation Walk with Ease (Contractors, Health Services, Recreation, Unit Team, Volunteers) Brain Health as You Age (Contractors, Health Services, Recreation, Unit Team, Volunteers) Disabilities Education Program (RAC, SPPC, Social Worker) Getting to Know Your Healthy Aging Body (Contractors, Health Services, Recreation, Unit Team, Volunteers) Health and Wellness Throughout the Lifespan (Contractors, Health Services, Recreation, Unit Team, Volunteers) Healthy Steps for Older Adults (Contractors, Health Services, Recreation, Unit Team, Volunteers) Living a Health Life with Chronic Conditions (Contractors, Health Services, Recreation, Unit Team, Volunteers) Managing Your Diabetes (Health Services, Volunteers) National Diabetes Prevention Program (Contractors, Health Services, Recreation, Unit Team, Volunteers) Talking with Your Doctor (Education, Health Services) Women's Aging (Social Worker, SPPC, Volunteers)</p>
Mental Health Cognitions Substance Use	<p>Access (Social Worker, SPPC) PTSD Female Survivors Brief CBT for Suicidal Individuals (Psychology) CBT for Eating Disorders (Psychology) CBT for Insomnia (Psychology) Challenge (Psychology) Substance use mental illness, Schizophrenia, (psychotic, mood, anxiety, or personality) Change Plan (Contractors, Education, Health Services, Psychology, Social Worker, SPPC, Unit Team, Volunteers) Circle of Strength (Psychology, Social Worker, SPPC, Unit Team) Cognitive Processing Therapy (Psychology) PTSD Dialectical Behavior Therapy (Psychology) Directed at those w/ suicidal thoughts, urges, and suicide attempts. Emotional Self-Regulation (Psychology) Female Integrated Treatment (FIT) (Education, Psychology) Foundation (RAC, Social Worker, SPPC) Illness Management and Recovery (Psychology) front-line intervention for mental illness? Mental Health Step Down (Psychology) Serious mental illness-lack the skills to function in general POP Mindfulness-Based Cognitive Therapy (Psychology) Residential Drug Abuse Program (RDAP-Dual Diagnosis) (Psychology) Resolve (Psychology) Seeking Safety/Seeking Strength (Psychology) Skills (Psychology) Intellectual, neurological &/or social deficiencies (ie: Autistic), participation can be ongoing Social Skills Training (Psychology) Schizophrenia Square One (Business Office, Contractors, Education, Health Services, RAC, Social Worker, SPPC, Unit Team Volunteers) STAGES (Psychology) Borderline personality disorder Supported Employment (FPI, Health Services, Psychology) Trauma Education (Psychology) Understanding Your Feelings (Education, Health Services, Social Worker, SPPC) Wellness Recovery Action Plan (Psychology)</p>
Recreation/Leisure/Fitness	<p>A Healthier Me (Recreation, Social Worker, SPPC, Unit Team) A Matter of Balance (Health Services, Recreation) Arthritis Foundation Walk with Ease (Contractors, Health Services, Recreation, Unit Team, Volunteers) Brain Health As You Age (Contractors, Health Services, Recreation, Unit Team, Volunteers) Getting to Know Your Healthy Aging Body (Contractors, Health Services, Recreation, Unit Team, Volunteers) Health and Wellness Throughout the Lifespan (Contractors, Health Services, Recreation, Unit Team, Volunteers) Healthy Steps for Older Adults (Contractors, Health Services, Recreation, Unit Team, Volunteers) Living a Healthy Life with Chronic Conditions (Contractors, Health Services, Recreation, Unit Team, Volunteers) National Diabetes Prevention Program (Contractors, Health Services, Recreation, Unit Team, Volunteers) Service Fit (Contractors, Health Services, RAC, Recreation, Unit Team, Volunteers) Square One (Business Office, Contractors, Education, Health Services, RAC, Social Worker, SPPC, Unit Team Volunteers) Talking with Your Doctor (Education, Health Services) Women's Aging (Social Worker, SPPC, Volunteers)</p>
Substance Use	<p>Alcoholics Anonymous (Contractors, Volunteers) Challenge (Psychology) Drug Education (Psychology) Female Integrated Treatment (FIT) (Education, Psychology) K2 Awareness Program (Contractors, Custody, Education, Health Services, RAC, Unit Team, Volunteers) Narcotics Anonymous (Volunteers) Non-Residential Drug Abuse Program (NRDAP) (Psychology) Residential Drug Abuse Program (RDAP) (Psychology) Seeking Safety/Seeking Strength (Psychology)</p>
Trauma	<p>Access (Social Worker, SPPC) Circle of Strength (Psychology, Social Worker, SPPC, Unit Team)</p>

	<p>Cognitive Processing Therapy (Psychology) Dialectical Behavior Therapy (Psychology) Female Integrated Treatment (FIT) (Education, Psychology) Pu'a Foundation Reentry Program (Contractors, Education, Social Worker, Unit Team, Volunteers) Resolve (Psychology) Seeking Safety/Seeking Strength (Psychology) Soldier On (Contractors, Social Worker, SPPC, Unit Team, Volunteers) ? STAGES (Psychology) Trauma Education (Psychology) Understanding Your Feelings (Education, Health Services, Social Worker, SPPC) Women's Relationships II (Social Worker, SPPC)</p>
Work	<p>Apprenticeship Training (Journeymen) Certification Course Training (Contractors, Education, FPI, Volunteers) Change Plan (Contractors, Education, Health Services, Psychology, Social Worker, SPPC, Unit Team, Volunteers) English-as-a-Second Language (Contractors, Education, Volunteers) Federal Prison Industries (FPI) (UNICOR) Federal Prison Industries (FPI) Lean Basic Training (FPI) Female Integrated Treatment (FIT) (Education, Psychology) Foundation (RAC, Social Worker, SPPC) Post-Secondary Education (Contractors, Education) Supported Employment (FPI, Health Services, Psychology) Ultra Key 6 (Contractors, Education) Vocational Training (Contractors, Education, FPI, Volunteers) Women in the 21st Century Work Place (Contractors, Education, FPI, Social Worker, SPPC, Volunteers)</p>