

EVIDENCE-BASED RECIDIVISM REDUCTION (EBRRs) & <i>PRODUCTIVE ACTIVITIES</i> (PAs) BY NEED AREA	
<i>PRODUCTIVE ACTIVITIES IN ITALICS</i>	
FSA NEED AREA	PROGRAM ADDRESSING NEED AREA
Anger/Hostility	Anger Management (Psychology) <i>Beyond Violence</i> (Social Worker, Challenge (Psychology) <i>START NOW</i> (Contractors, Education, Health Services, Psychology, RAC, Social Worker, SPPC, Unit Team, Volunteers)
Antisocial Peers	Bureau Rehabilitation and Values Enhancement (BRAVE) (Psychology) <i>CBT for Prison Gambling</i> (Psychology) Challenge (Psychology) Criminal Thinking (Psychology) <i>Disabilities Education Program</i> (RAC, SPPC, Social Worker) Female Integrated Treatment (FIT) (Education, Psychology) Mental Health Step Down (Psychology) <i>PEER</i> (Social Worker, SPPC, Unit Team) Residential Drug Abuse Program (RDAP) (Psychology) <i>Resilience Support</i> (RAC, SPPC, Unit Team, Volunteers) Seeking Safety/Seeking Strength (Psychology) Sex Offender Treatment Program (SOTP-R) (Psychology) Skills (Psychology) Social Skills Training (Psychology) <i>Soldier On</i> (Contractors, Social Worker, SPPC, Unit Team, Volunteers) STAGES (Psychology) <i>Women's Relationships</i> (Contractors, Education, Social Worker, SPPC, Volunteers)
Cognitions	<i>Access</i> (Social Worker, SPPC) PTSD Female Survivors Anger Management (Psychology) Assert Yourself for Female Offenders (Social Worker, SPPC, Unit Team) Basic Cognitive Skills (Psychology) <i>Beyond Violence</i> (Social Worker, SPPC) Bureau Rehabilitation and Values Enhancement (BRAVE) (Psychology) <i>CBT for Prison Gambling</i> (Psychology) ? Challenge (Psychology) <u>substance use</u> <u>mental illness</u> , <u>Schizophrenia</u> , (psychotic, mood, anxiety, or personality). <i>Change Plan</i> (Contractors, Education, Health Services, Psychology, Social Worker, SPPC, Unit Team, Volunteers) <i>Circle of Strength</i> (Psychology, Social Worker, SPPC, Unit Team) ? Cognitive Processing Therapy (Psychology) PTSD Criminal Thinking (Psychology) ? Dialectical Behavior Therapy (Psychology) <u>Directed at those w/ suicidal thoughts, urges, and suicide attempts.</u> <i>Disabilities Education Program</i> (RAC, SPPC, Social Worker) <i>Embracing Interfaith Cooperation</i> (Chaplaincy, Contractors, Volunteers) Emotional Self-Regulation (Psychology) Female Integrated Treatment (FIT) (Education, Psychology), <u>mental illness, PTSD, DRUGS,</u> Foundation (RAC, Social Worker, SPPC) <i>House of Healing</i> (Chaplaincy, Contractors, Volunteers) ? Mental Health Step Down (Psychology) <u>Serious mental illness-lack the skills to function in general POP</u> Non-Residential Drug Abuse Program (NRDAP) (Psychology) Non-Residential Sex Offender Treatment Program (SOTP-NR) (Psychology) Residential Drug Abuse Program (RDAP) (Psychology) <i>Resilience Support</i> (RAC, SPPC, Unit Team, Volunteers) Resolve (Psychology) Seeking Safety/Seeking Strength (Psychology) Sex Offender Treatment Program (SOTP-R) (Psychology) <i>Sexual Self-Regulation</i> (Psychology) ? Skills (Psychology) <u>intellectual, neurological &/or social deficiencies (ie: Autistic).</u> <u>Participation can be ongoing</u> ? Social Skills Training (Psychology) <u>schizophrenia</u> ? STAGES (Psychology) <u>Borderline personality disorder</u> <i>START NOW</i> (Contractors, Education, Health Services, Psychology, RAC, Social Worker, SPPC, Unit Team, Volunteers) <i>Understanding Your Feelings</i> (Education, Health Services, Social Worker, SPPC) <i>Victim Impact</i> (Health Services, Unit Team) <i>Women's Relationships</i> (Contractors, Education, Social Worker, SPPC, Volunteers) <i>Women's Relationships II</i> (Social Worker, SPPC)
Dyslexia	<i>Hooked on Phonics</i> (Contractors, Education, Volunteers)
Education	Bureau Literacy Program (Contractors, Education) <i>Change Plan</i> (Contractors, Education, Health Services, Psychology, Social Worker, SPPC, Unit Team, Volunteers) <i>English-as-a-Second Language</i> (Contractors, Education, Volunteers) Foundation (RAC, Social Worker, SPPC) <i>Supported Employment</i> (FPI, Health Services, Psychology) <i>Ultra Key 6</i> (Contractors, Education) <i>Women in the 21st Century Work Place</i> (Contractors, Education, FPI, Social Worker, SPPC, Volunteers)
Family/Parenting	Assert Yourself for Female Offenders (Social Worker, SPPC, Unit Team) <i>Franklin Covey 7 Habits on the Inside</i> (Unit Team)

	<p>Life Connections (Chaplaincy, Contractors, Volunteers)</p> <p>National Parenting from Prison Program (Education, Social Worker, SPPC, Unit Team)</p> <p>Pu'a Foundation Reentry Program (Contractors, Education, Social Worker, Unit Team, Volunteers)</p> <p>Threshold Program (Chaplaincy, Contractors, Volunteers)</p> <p>Women's Relationships (Contractors, Education, Social Worker, SPPC, Volunteers)</p>
Finance/Poverty	<p>AARP Foundation Finances (RAC, Unit Team, Volunteers)</p> <p>Money Smart for Adults (Business Office, Contractors, Unit Team, Volunteers)</p> <p>Money Smart for Older Adults (Business Office, Contractors, Unit Team, Volunteers)</p> <p>Square One (Business Office, Contractors, Education, Health Services, RAC, Social Worker, SPPC, Unit Team, Volunteers)</p>
Medical	<p>Arthritis Foundation Walk with Ease (Contractors, Health Services, Recreation, Unit Team, Volunteers)</p> <p>Brain Health as You Age (Contractors, Health Services, Recreation, Unit Team, Volunteers)</p> <p>Disabilities Education Program (RAC, SPPC, Social Worker)</p> <p>Getting to Know Your Healthy Aging Body (Contractors, Health Services, Recreation, Unit Team, Volunteers)</p> <p>Health and Wellness Throughout the Lifespan (Contractors, Health Services, Recreation, Unit Team, Volunteers)</p> <p>Healthy Steps for Older Adults (Contractors, Health Services, Recreation, Unit Team, Volunteers)</p> <p>Living a Health Life with Chronic Conditions (Contractors, Health Services, Recreation, Unit Team, Volunteers)</p> <p>Managing Your Diabetes (Health Services, Volunteers)</p> <p>National Diabetes Prevention Program (Contractors, Health Services, Recreation, Unit Team, Volunteers)</p> <p>Talking with Your Doctor (Education, Health Services)</p> <p>Women's Aging (Social Worker, SPPC, Volunteers)</p>
Mental Health Cognitions Substance Use Trauma	<p>Access (Social Worker, SPPC) PTSD Female Survivors</p> <p>Brief CBT for Suicidal Individuals (Psychology)</p> <p>CBT for Eating Disorders (Psychology)</p> <p>CBT for Insomnia (Psychology)</p> <p>Challenge (Psychology) Substance use mental illness, Schizophrenia, (psychotic, mood, anxiety, or personality)</p> <p>Change Plan (Contractors, Education, Health Services, Psychology, Social Worker, SPPC, Unit Team, Volunteers)</p> <p>Circle of Strength (Psychology, Social Worker, SPPC, Unit Team)</p> <p>Cognitive Processing Therapy (Psychology) PTSD</p> <p>Dialectical Behavior Therapy (Psychology) Directed at those w/ suicidal thoughts, urges, and suicide attempts.</p> <p>Emotional Self-Regulation (Psychology)</p> <p>Female Integrated Treatment (FIT) (Education, Psychology) PTSD</p> <p>Foundation (RAC, Social Worker, SPPC)</p> <p>Illness Management and Recovery (Psychology) front-line intervention for mental illness?</p> <p>Mental Health Step Down (Psychology) Serious mental illness-lack the skills to function in general POP</p> <p>Mindfulness-Based Cognitive Therapy (Psychology)</p> <p>Residential Drug Abuse Program (RDAP-Dual Diagnosis) (Psychology)</p> <p>Resolve (Psychology)</p> <p>Seeking Safety/Seeking Strength (Psychology)</p> <p>Skills (Psychology) Intellectual, neurological &/or social deficiencies (ie: Autistic), participation can be ongoing</p> <p>Social Skills Training (Psychology) Schizophrenia</p> <p>Square One (Business Office, Contractors, Education, Health Services, RAC, Social Worker, SPPC, Unit Team Volunteers)</p> <p>STAGES (Psychology) Borderline personality disorder</p> <p>Supported Employment (FPI, Health Services, Psychology)</p> <p>Trauma Education (Psychology)</p> <p>Understanding Your Feelings (Education, Health Services, Social Worker, SPPC)</p> <p>Wellness Recovery Action Plan (Psychology)</p>
Recreation/Leisure/Fitness	<p>A Healthier Me (Recreation, Social Worker, SPPC, Unit Team)</p> <p>A Matter of Balance (Health Services, Recreation)</p> <p>Arthritis Foundation Walk with Ease (Contractors, Health Services, Recreation, Unit Team, Volunteers)</p> <p>Brain Health As You Age (Contractors, Health Services, Recreation, Unit Team, Volunteers)</p> <p>Getting to Know Your Healthy Aging Body (Contractors, Health Services, Recreation, Unit Team, Volunteers)</p> <p>Health and Wellness Throughout the Lifespan (Contractors, Health Services, Recreation, Unit Team, Volunteers)</p> <p>Healthy Steps for Older Adults (Contractors, Health Services, Recreation, Unit Team, Volunteers)</p> <p>Living a Healthy Life with Chronic Conditions (Contractors, Health Services, Recreation, Unit Team, Volunteers)</p> <p>National Diabetes Prevention Program (Contractors, Health Services, Recreation, Unit Team, Volunteers)</p> <p>Service Fit (Contractors, Health Services, RAC, Recreation, Unit Team, Volunteers)</p> <p>Square One (Business Office, Contractors, Education, Health Services, RAC, Social Worker, SPPC, Unit Team Volunteers)</p> <p>Talking with Your Doctor (Education, Health Services)</p> <p>Women's Aging (Social Worker, SPPC, Volunteers)</p>
Substance Use	<p>Alcoholics Anonymous (Contractors, Volunteers)</p> <p>Challenge (Psychology)</p> <p>Drug Education (Psychology)</p> <p>Female Integrated Treatment (FIT) (Education, Psychology)</p> <p>K2 Awareness Program (Contractors, Custody, Education, Health Services, RAC, Unit Team, Volunteers)</p> <p>Narcotics Anonymous (Volunteers)</p> <p>Non-Residential Drug Abuse Program (NRDAP) (Psychology)</p> <p>Residential Drug Abuse Program (RDAP) (Psychology)</p> <p>Seeking Safety/Seeking Strength (Psychology)</p>
Trauma	<p>Access (Social Worker, SPPC)</p> <p>Circle of Strength (Psychology, Social Worker, SPPC, Unit Team)</p>

	<p>Cognitive Processing Therapy (Psychology)</p> <p>Dialectical Behavior Therapy (Psychology)</p> <p>Female Integrated Treatment (FIT) (Education, Psychology)</p> <p><i>Pu'a Foundation Reentry Program</i> (Contractors, Education, Social Worker, Unit Team, Volunteers) Resolve (Psychology)</p> <p>Seeking Safety/Seeking Strength (Psychology)</p> <p><i>Soldier On</i> (Contractors, Social Worker, SPPC, Unit Team, Volunteers)</p> <p>? STAGES (Psychology)</p> <p><i>Trauma Education</i> (Psychology)</p> <p><i>Understanding Your Feelings</i> (Education, Health Services, Social Worker, SPPC)</p> <p><i>Women's Relationships II</i> (Social Worker, SPPC)</p>
Work	<p>Apprenticeship Training (Journeymen)</p> <p>Certification Course Training (Contractors, Education, FPI, Volunteers)</p> <p><i>Change Plan</i> (Contractors, Education, Health Services, Psychology, Social Worker, SPPC, Unit Team, Volunteers)</p> <p><i>English-as-a-Second Language</i> (Contractors, Education, Volunteers)</p> <p>Federal Prison Industries (FPI) (UNICOR)</p> <p><i>Federal Prison Industries (FPI) Lean Basic Training</i> (FPI)</p> <p>Female Integrated Treatment (FIT) (Education, Psychology)</p> <p>Foundation (RAC, Social Worker, SPPC)</p> <p>Post-Secondary Education (Contractors, Education)</p> <p><i>Supported Employment</i> (FPI, Health Services, Psychology)</p> <p><i>Ultra Key 6</i> (Contractors, Education)</p> <p>Vocational Training (Contractors, Education, FPI, Volunteers)</p> <p><i>Women in the 21st Century Work Place</i> (Contractors, Education, FPI, Social Worker, SPPC, Volunteers)</p>