

ANGER/HOSTILITY

Temperamental and antisocial personality, including anger and hostility, contribute to a callous, self-indulgent, and rule-violating behavior. Such behaviors move one away from living a prosocial lifestyle and toward a life of criminality.

MEASURE OF NEED

Brief Anger Aggression Questionnaire (Maiuro, Vitaliano, & Cahn, 1987)

- The BAAQ is a six-item measure used for the quick assessment of anger and aggression levels. The BAAQ has been shown to have satisfactory reliability and validity; it has shown a significant relationship with another widely used anger assessment.

DEPARTMENT RESPONSIBLE FOR ASSESSMENT

Psychology Services

EBRRs AND PAS*

Anger Management
Beyond Violence

Challenge
START NOW

GOAL OF INTERVENTION

Build problem-solving skills and practice anger management