# RECREATION/LEISURE/FITNESS

Low levels of involvement and satisfaction in prosocial activity can contribute to criminality.

## MEASURE OF NEED

Chronic Care Clinic

## DEPARTMENT RESPONSIBLE FOR ASSESSMENT

Health Services

#### EBRRS AND PAS\*

A Healthier Me
A Matter of Balance
Arthritis Foundation Walk with Ease
Brain Health As You Age
Getting to Know Your Healthy Aging Body
Health and Wellness Throughout the Lifespan
Healthy Steps for Older Adults

Living a Healthy Life with Chronic Conditions
National Diabetes Prevention Program
Service Fit
Square One
Talking with Your Doctor
Women's Aging

#### **GOAL OF INTERVENTION**

Learn how to use free time productively and prosocially Promote attendance to overall health and wellness

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