



### DESCRIPTION

Social Skills Training for Schizophrenia is a structured skills training intervention focused on improving social skills. Although designed for individuals suffering from schizophrenia, this resource is appropriate for any individual with moderate social skills deficits. With this intervention, social skills are taught and practiced in a small group setting but can be offered on an individual basis, as needed. Skills include basic social skills, conversation skills, assertiveness skills, conflict management skills, communal living skills, friendship and dating skills, health maintenance skills, vocational/work skills, and coping skills for drug and alcohol use.

The concepts and skills presented in this treatment protocol are best learned by interactive practice, review, and by completing the between-session assignments.

### HOURS

This program is typically completed in 60 hours.

### LOCATIONS

Available at all BOP institutions.

### NEEDS

Antisocial Peers, Cognitions, and Mental Health

### PROGRAM DELIVERY

To ensure program fidelity and proper credit, **Social Skills Training** must be delivered by Psychology Staff.