



PPRSUS

PHYSICIAN PRESENTENCE REPORT SERVICE LLC

FEDERAL PRISON HEALTHCARE;

WHAT YOU & YOUR DEFENDANT NEED TO KNOW

PHYSICIAN SIMPLIFIED – ATTORNEY IMPLEMENTED



ALDERSON

A minimum security federal prison camp.

Glen Ray Road Box A
Alderson, WV 24910

ALDERSON SUMMARY PAGE

FEMALE OFFENDERS

The Greenbrier Birthing Center MINT Program is overseen by the Baltimore Residential Reentry Office. For more information on referrals, please contact (304) 653-4882 Monday to Friday from 8:00 a.m. to 4:00 p.m.

The MINT program is a residential reentry center-based program that promotes bonding and parenting skills for low-risk female offenders who are pregnant. Women are eligible to enter the program if they are in their last three months of pregnancy, have less than five years remaining to serve on their sentence, and are eligible for furlough. The decision to refer an offender to the MINT program is at the discretion of the offender's unit team if incarcerated, or probation officer if on supervision.

LOCATION: FPC MINIMUM (mS)

[Admission & Orientation Handbook](#)

[Guía de Admisión y Orientación](#)

Air Conditioning/Refrigeration - Apprenticeship

Automotive Mechanic - Apprenticeship

Cook - Apprenticeship

Cosmetology - Occupational Education

Customer Service Representative
- Occupational Education

Electrician - Apprenticeship

Horticulture - Occupational Education

Landscaping - Apprenticeship

Medical Insurance and Billing Clerk
- Occupational Education

Medical Transcriptionist
- Occupational Education

Plumber - Apprenticeship

Receptionist - Occupational Education

Teacher Assistant - Apprenticeship

VT Masonry - Occupational Education

Welder - Apprenticeship

SECURITY KEY

(A): Administrative

(mS): Minimum Satellite Camp

(mC): Minimum Federal Prison Camp

(L): Low (LS): Low Satellite Prison

(M): Medium

(H): High

(Mx): Maximum

Unless otherwise specified, all facilities are Male Only.

Glen Ray Road Box A
Alderson, WV 24910

Hotels near Alderson, WV



FSA Applicable Programs At FPC Alderson

- ☐ **BE- ACTIV** is a psychosocial treatment program for depression in aging adults residing in nursing care center settings.
- ☐ **Bereavement Support Group** for individuals experiencing grief.
- ☐ **BRAVE Program** **, for young males serving 1st sentence, 32 years or younger with a sentence of 60 years or more.
- ☐ **Challenge** ** –male inmates in Penitentiary (High Security) facilities with substance abuse and/or mental illness
- ☐ **COGNITIVE BEHAVIORAL THERAPY FOR CHRONIC PAIN** Individuals develop the skills to control their chronic pain.
- ☐ **COGNITIVE BEHAVIORAL THERAPY FOR LATE-LIFE DEPRESSION** for aging adults with depression
- ☐ **Complicated Grief Treatment** addresses individuals who are “stuck” adapting to loss.
- ☐ **Federal Prison Industries, FPI (UNICOR)** – preparing for successful reentry through job training. UNICOR/BOP.gov.
- ☐ **Female Integrated Treatment (FIT) Program** ** with substance use, trauma (PTSD), and other mental illnesses.
- ☐ **FUNCTIONAL ADAPTATION SKILLS TRAINING (FAST)** medication management, social and communication skills, organization and planning, transportation, and financial management.
- ☐ **Mental Health Step Down Program** ** intermediate care for inmates with serious mental illness who do not require inpatient treatment but lack the skills to function in the general population.
- ☐ **Non-Residential Drug Abuse** Program –requirement for supervised release or through judicial recommendation
- ☐ **Post Secondary Education** Program College-level classes are provided by credentialed instructors from the community.
- ☐ **Pu’a Foundation Reentry Program** is a trauma-informed care program for female inmates at FDC Honolulu grounded in Hawaiian culture.
- ☐ **Residential Drug Abuse Program, RDAP** ** – Available in Spanish. 2018 Current RDAP Locations.
- ☐ **Resolve** Program –trauma-related psychological disorders – to improve a person’s (male or female) level of functioning.
- ☐ **Skills** Program: inmates with intellectual disabilities, neurological deficits, and social deficiencies (i.e., Autistic). Participation can be at the beginning of their incarceration but is available at any time and can be ongoing.
- ☐ **STAGES** Program, Residential ** inmates diagnosed with Borderline Personality Disorder.
- ☐ **Life Connections Program (LCP)** – a residential faith-based program, not religion-specific.
- ☐ **Sex Offender Treatment Program, Residential (SOTP-R)**, high-risk sex offenders, available during the last 36 months of their sentence, who have a history of multiple sex crimes, excessive non-sexual criminal history, and a high level of sexual deviancy or hyper-sexuality
- ☐ **Sex Offender Treatment Program Non-Residential (SOTP-NR)** has a history of a single sexual offense, and many may be first-time offenders serving a sentence for an Internet-based sexual crime.
- ☐ **WAYSAFE** The goal of this program is to improve decision-making skills so participants can avoid at-risk behaviors regarding HIV and other viral illnesses spread by sex or blood contact.

FSA PROGRAMS ON THE PAGES THAT FOLLOW:

- * ALL INSTITUTIONS
- * FEMALE INSTITUTIONS
- * DETENTION CENTERS - FEMALE
- * SPECIFIC INSTITUTIONS (also noted above)

Productive Activities (PA)

Evidence-Based Recidivism Reduction (EBRR)

Due to the staffing shortages we have all read about, it may be that while a program has been published as available, do not be surprised if there is either a long waiting list to get into that program, or as I have recently learned, that program was just "Closed." Be respectful to your Case Managers as they already know you're upset. When you speak with them, depending on the number of months that you have, it is possible that they will work with you, to move to to a facility that has an opening for your specific program - needs.

FEDERAL MEDICAL CARE LEVELS

CARE LEVEL I (Minimal Care), CARE LEVEL II (Routine Care), CARE LEVEL III (Out Patient), CARE LEVEL IV (Hospital)

SPECIFIC PROGRAMS - SPECIFIC INSTITUTIONS

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- ☐ [Federal Prison Industries \(FPI\) Lean Basic Training](#)
- ☐ [Federal Prison Industries, FPI \(UNICOR\)](#) – preparing for successful reentry through job training. [Visit UNICOR/BOP.gov.](#)
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DETENTION CENTERS - FEMALE

[Circle of Strength](#) is designed specifically for women in Federal Detention Centers or other short-term settings encouraging social support.

FEMALE INSTITUTIONS

[A Healthier Me](#) helps incarcerated women build healthy lifestyles

ASSERT YOURSELF FOR FEMALE OFFENDERS

[Beyond Violence: Prevention Program for Criminal-Justice Involved Women](#) assists women in understanding trauma and the aspects of anger.

[Female Integrated Treatment \(FIT\) Program **](#) with substance use, [trauma \(PTSD\)](#), and other mental illnesses.

[Foundation Program](#) For women 1st entering the BOP, [Change Plan \(PA\)](#) works on the goals established by the [Foundation](#).

[Reach Out, Stay Strong, Essentials for Mothers of Newborns \(ROSE\)](#), to reduce postpartum depression

[Square One: Essentials for Women](#) is a basic life skills program for female offenders who meet the needs of lower-functioning women or those who have not lived or worked independently.

[Understanding Your Feelings: Shame and Low Self-Esteem](#) helps women evaluate the role of shame and low self-esteem in their lives.

[Women in the 21st Century Workplace](#) addresses the workforce and soft skills of women with longer sentences.

[Women's Aging: Aging Well](#), for incarcerated women ages 45 and up, finding and purpose, physical health, mental and emotional well-being, healthy relationships, and future planning

[WOMEN'S BASIC FINANCIAL LITERACY PROGRAM \(Female\)](#). This program targets – using a checking account, methods for beginning to save for the future, understanding credit and loans, creating a budget, accessing financial resources, understanding the purpose and use of insurance, and gaining financial independence.

[WOMEN'S CAREER EXPLORATION SERIES \(Female\)](#), strategies to help in the workplace. Components include identifying career paths that align with individual interests, building a professional network, applying for and gaining a job that leads to a career, establishing good work habits, and learning skills for thriving in the workplace.

[WOMEN'S CAREER SKILLS**](#) is designed to assist participants learn, develop and practice advanced skills for a fruitful career. This includes Communication, Planning, Connecting with Others, and Personal Growth.

[WOMEN'S LIFE SKILLS](#) is designed to assist participants with life skill deficits to develop and practice skills for success in their basic daily habits and routines.

[Women's Reflections Group](#) targets women who are struggling to make good choices in a safe and comfortable place where they can process problems and emotional concerns they are experiencing and gain the tools needed to work toward solving these problems.

[Women's Relationships II](#), This seven-part gender-responsive and trauma-informed series for women examines the relationships of incarcerated women.

[Women's Relationships](#), developing healthy, prosocial relationships with friends, family, and acquaintances.

[WOMEN'S SEXUAL SAFETY](#) The program includes three components: Sexual Health, Sexual Safety, and Healthy Sexual Relationships.

[Your Guide to Labor and Birth](#) is a comprehensive pregnancy education program completed during pregnancy.

PA Activities, EBRR Programs

ALL INSTITUTIONS

A Healthier Me helps incarcerated women build healthy lifestyles.

A Matter of Balance decreasing fall-related fears

AARP Foundation Finances 50+ provides financial education and counseling.

Academic Success: training in motivation and goal setting

Alcoholics Anonymous (AA) Support Group reduces the likelihood of problematic drinking behaviors.

Aleph Institute Correspondence Course program offers a wide array of learner-friendly materials, from a Hebrew Reading

Anger Management is a cognitive-behavioral curriculum designed to help individuals better manage their anger.

Apprenticeship Training structured programs underneath a journeyman approved at the state and national levels.

Arthritis Foundation Walk with Ease is a six-week program that teaches participants how to safely make physical activity part of everyday life.

BARTON READING AND SPELLING SYSTEM It was designed with adults in mind because it is never too late to significantly.

Basic Cognitive Skills: participants are taught basic concepts of Rational Thinking and the use of Rational Self-Analysis

Brain Health as You Age: You Can Make A Difference! Improve memory and decision-making brain health and its impact on memory, judgment, decision-making, and overall physical health -Improved memory and decision-making.

BUREAU LITERACY PROGRAM The literacy curricula To Pass the General Educational Development (GED) Exam.

CBT for Suicidal Individuals was developed for individuals at risk of suicide.

CBT for Eating Disorders focuses on behavioral monitoring, body image concerns, and developing new skills.

CBT for Insomnia helps to identify maladaptive thoughts and behaviors that can lead to persistent insomnia.

CBT for Prison Gambling helps individuals assess their prison gambling behavior and develop the commitment to quit.

Certification Course Training has three categories: 1) Apprenticeship, 2) Certification Course, and 3) Vocational Training.

Change Plan focuses on the goal established by the Foundation; participants identified three positive changes they wanted to make during incarceration.

COGNITIVE BEHAVIORAL THERAPY FOR CHRONIC PAIN Individuals develop the skills to control their chronic pain.

COGNITIVE BEHAVIORAL THERAPY FOR LATE-LIFE DEPRESSION for aging adults with depression

Cognitive Processing Therapy for Treating Posttraumatic Stress Disorder.

Criminal Thinking to help the participants see how their past decisions have negatively impacted their lives.

Dialectical Behavior Therapy for individuals who engage in self-cutting, suicidal thoughts, urges, and suicide attempts.

Disabilities Education Program (DEP) is designed specifically for inmates with physical disabilities in institutions of varying security levels and focuses on reentry concerns.

Drug Education encourages participants with a history of drug use to consider the consequences of their drug use.

Embracing Interfaith Cooperation, this program aims to provide an effective strategy for countering religious discrimination and extremism.

Emotional Self-Regulation: learn strategies for managing difficult emotions.

ENGLISH-AS-A-SECOND LANGUAGE** is an English language education study program for non-native speakers.

FAITH-BASED CONFLICT MANAGEMENT (FBCM) PROGRAM students will strengthen their anger management skills.

FAITH-BASED CONFLICT MANAGEMENT (FBCM) PROGRAM: Through active participation in the 10 sessions, students will strengthen their anger management skills, interpersonal communication skills, and conflict resolution techniques using practical spiritual principles and practices.

FAMILY PROGRAMMING SERIES participants in strengthening family relationships during incarceration and after release.

FAMILY PROGRAMMING SERIES: The program is designed to support participants in strengthening family relationships during incarceration and after release.

Franklin Covey's 7 Habits on the Inside addresses interpersonal skills impacting relationships.

Getting to Know Your Healthy Aging Body discusses changes in organs, physique, and other physiological processes as we

Health and Wellness Throughout the Lifespan This program addresses the psychological effects of stress and aging.

Healthy Mind and Bodies enhance their overall health and emotional well-being.

Healthy Steps for Older Adults The program aims to prevent falls, promote health, and ensure that older adults remain independent.

Hooked on Phonics a program that aids in combating **Dyslexia as well as low-level readers** – includes a high percentage of familiar patterns that give the student the opportunity to read for meaning.

HOOKED ON PHONICS NOTE: Barton Reading and Spelling System is for students who have characteristics of dyslexia.

[Houses of Healing: A Prisoner's Guide to Inner Power and Freedom](#) teaches emotional literacy skills and the ability to perceive, understand, and communicate emotions with self and others.

[Illness Management and Recovery](#) IMR is considered a front-line intervention for treating serious mental illness.

[K2 Awareness Program](#) educates them about the risks of drug use and motivates them to seek drug treatment.

[Living a Healthy Life with Chronic Conditions](#) 2022 is designed for older adults impacted by chronic conditions.

[Managing Your Diabetes](#), manage their chronic disease.

[Mindfulness-Based Cognitive Therapy](#) is a group intervention aimed at preventing relapse in individuals with a history of depression and anxiety.

[Money Smart for Adults](#): An instructor-led course that covers basic financial topics.

[Money Smart for Older Adults](#) Provides awareness among older adults on preventing elder financial exploitation.

[Narcotics Anonymous](#) reduces the likelihood of future drug use.

[National Diabetes Prevention Program](#) is a program to assist at-risk and older adults in living healthier lifestyles and increasing physical activity.

[National Parenting From Prison Program](#) Is a two-phase parenting basics, parenting an incarcerated mother, father, or grandparent or parenting a child with a disability.

[New \(Create\) Beginnings \(CNB\)](#), is an art program that empowers incarcerated women to acknowledge and process their emotions as well as develop their self-awareness through artistic expression.

[Non-Residential Drug Abuse Program](#) –requirement for supervised release or through judicial recommendation

[PEER](#), Personal Education & Enrichment Resources support group is designed for inmates living with cognitive and physical disabilities while in institutions of varying security levels.

[Resilience Support \[VETERANS\]](#) provides resilience-building skills to veteran inmates of all uniformed services, encouraging peer and social support, emphasizing positive interpersonal relationships, physical and mental wellness, the discovery of life purpose and meaning, self-compassion, and personal growth.

[RESOURCE TOOLS FOR REENTRY FOR TRANSGENDER INDIVIDUALS](#): The program is designed to help prepare transgender participants for the challenges of reintegrating into society in the topics of ID documentation, housing, employment, healthcare, and mental health.

[Seeking Safety \(Female\) and Seeking Strength \(Male\)](#) This intervention teaches inmates to manage and decrease symptoms and gain control over both disorders by addressing current life problems.

[Sexual Self-Regulation \(SSR\)](#) self-management skills to gain effective control over deviant sexual urges and behaviors.

[Service Fit \[VETERANS\]](#) supports a healthy lifestyle while encouraging social and peer support among participants.

[Social Skills Training](#) Although designed for individuals suffering from schizophrenia, this resource is appropriate for any inmate with **moderate social skills deficits**.

[Soldier On \[VETERANS\]](#), for veterans living in varying security levels.

[START NOW](#), to treat offenders with behavioral disorders and associated behavioral problems, includes a gender-responsive program developed specifically for female offenders.

[STRONGER TOGETHER, EMERGING PROUD \(S.T.E.P.\)](#) is designed to provide a safe, supportive place for participants to discuss shared experiences as a **transgender person**, build their resilience, and create a support system.

[Supported Employment](#) is designed to match seriously mentally ill (SMI) individuals with competitive job opportunities suitable to their interests and abilities.

[Talking with Your Doctor: Guide for Older Adults](#) on preparing for a medical appointment, discussing health concerns, and identifying appropriate assisted living...

[BARTON READING AND SPELLING SYSTEM](#) It was designed with adults in mind because it is never too late to significantly.

[Threshold Program](#) non-residential faith-based reentry program, like the more intensive Life Connections Program; it is open to inmates across the BOP **regardless of religious affiliation**.

[TRANSITION ACCEPTANCE](#) designed to provide support the journey they're on with their gender transition.

[Trauma Education](#), Trauma in Life (for females), and ***Traumatic Stress and Resilience (for males)*** – designed to be educational

[Ultra Key 6: The Ultimate Keyboarding Tutor](#), proper typing technique

[Veterans Career Exploration](#) helps identify skills for pursuing, applying for, and being successful in a long-term civilian career.

[Victim Impact: Listen and Learn](#), A rehabilitative program that puts "victims first."

[Vocational Training-Bureau's Career Technical Education](#)

[Wellness Recovery Action Plan](#) teaches individuals with serious mental illnesses to maintain their recovery through wellness activities.

OTHER RESOURCES

- Article: "[Vocational and Apprenticeship Training in the Federal Bureau of Prisons](#)," Christopher Zoukis
Apprenticeship: Air Conditioning and Refrigeration; Cooking, Electrical; Plumbing; Powerhouse; Teaching Assistance; Cosmetology; Dog Training; Welding
- Article: "The 12 Best Federal Prisons to Do Time" by Jeralyn.
- Article: "One Inmate's Experience At Alderson" by Penelope Patsuris, *Forbes*
- Program: The paws4prisons™ Assistance Dog Training Program (ADTP)

ASSERT YOURSELF FOR FEMALE OFFENDERS

DESCRIPTION

This program for incarcerated women promotes interpersonal effectiveness and targets behavior that can lead women to feel helpless about their lives. The majority of female offenders are survivors of abuse and struggle with low self-esteem. In this program, women learn to be assertive while respecting the boundaries of others. Through homework assignments and role-play, women practice skills learned throughout the program.

HOURS

This program is typically completed in 8 hours.

LOCATIONS

FPC Alderson	FCI Aliceville	MDC Brooklyn	FPC Bryan
FMC Carswell	MCC Chicago	SCP Coleman	FSL/SPC Danbury
FCI Dublin	SCP Greenville	MDC Guaynabo	SFF Hazelton
FDC Honolulu	FDC Houston	SCP Lexington	MDC Los Angeles
SCP Marianna	FDC Miami	FTC Oklahoma City	SCP Pekin
FDC Philadelphia	SCP Phoenix	MCC San Diego	FDC SeaTac
FCI Tallahassee	FCC Tucson	SCP Victorville	FCI Waseca

NEEDS

Cognitions and Family/Parenting

PROGRAM DELIVERY

To ensure program fidelity and proper credit, **Assert Yourself for Female Offenders** is to be delivered by a Special Population Program Coordinator or Unit Team Staff.



DESCRIPTION

Foundation is a program designed to assist women in assessing and advocating for their individual needs and translating the results of that assessment into the selection of programs and plans to meet their reentry goals. The Foundation Program was designed to help newly incarcerated women chart a healthy path for themselves during their time of incarceration. Throughout the program, participants learn about a number of issues facing women. They have the opportunity to identify positive changes that will lead to a successful reentry, and consider programs and services within the facility that can help them make these changes.

The Change Plan, a Productive Activity, is a follow up to the Foundation Program that focuses on the goals established in Foundation.

HOURS

This program is typically completed in 15 hours.

LOCATIONS

FPC Alderson	FCI Aliceville	MDC Brooklyn	FPC Bryan
FMC Carswell	MCC Chicago	SCP Coleman	FSL/SCP Danbury
FCI Dublin	MDC Guaynabo	SCP Greenville	SFF Hazelton
FDC Honolulu	FDC Houston	SCP Lexington	MDC Los Angeles
SCP Marianna	FDC Miami	FTC Oklahoma City	SCP Pekin
SCP Phoenix	FDC Philadelphia	MCC San Diego	FDC SeaTac
FCI Tallahassee	FCC Tucson	SCP Victorville	FCI Waseca

NEEDS

Cognitions, Education, Mental Health, and Work

PROGRAM DELIVERY

To ensure program fidelity and proper credit, **Foundation** must be delivered by a Special Population Program Coordinator or Social Worker. At facilities housing pretrial women the Reentry Affairs Coordinator can also deliver the Foundation program.

RESIDENTIAL DRUG ABUSE PROGRAM



DESCRIPTION

The Residential Drug Abuse Program (RDAP) is operated as a modified therapeutic community (MTC); the community is the catalyst for change and focuses on the inmate as a whole person with overall lifestyle change needs, not simply abstinence from drug use. RDAP encourages participants to examine their personal behavior to help them become more pro-social and to engage in "right living"—considered to be based on honesty, responsibility, hard work, and willingness to learn.

RDAP emphasizes social learning and mutual self-help. This aid to others is seen as an integral part of self-change. As program participants progress through the phases of the program, they assume greater personal and social responsibilities in the community. It is expected that program participants take on leadership and mentoring roles within the MTC as they progress in their program. Progress in treatment is based on the inmate's ability to demonstrate comprehension and internalization of treatment concepts by taking behaviorally observable action to change his or her maladaptive and unhealthy behaviors. It is important to note that successful completion of the Bureau's RDAP requires completion of all three components of the program:

- Unit Based Treatment, described above, occurs in prison.
- Follow-Up Treatment continues for inmates who complete the unit-based component of the RDAP and return to general population. An inmate must remain in Follow-Up Treatment for 12 months or until he/she is transferred to a Residential Reentry Center.
- Community Treatment is provided while the inmate transitions to the community through an RRC.

HOURS

This program is typically completed in 500 hours.

LOCATIONS

Please refer to page 52 for institutions.

NEEDS

Antisocial Peers, Cognitions, Substance Use, and
Mental Health (Dual Diagnosis Programs)

PROGRAM DELIVERY

To ensure program fidelity and proper credit, the **Residential Drug Abuse** program must be delivered by Psychology Services staff.

RESIDENTIAL DRUG ABUSE PROGRAMS (RDAP) AND LOCATIONS

NORTHEAST REGION

FCI Allenwood – L (PA)
FCI Allenwood – M (PA)
USP Canaan (PA)
FCI Danbury (CT)
FCI Elkton (OH)
FCI Fairton (NJ)
FCI Fort Dix 1 (NJ)
FCI Fort Dix 2 (NJ)
SCP Lewisburg (PA)
SCP McKean (PA)
FCI Schuylkill (PA)

MID-ATLANTIC REGION

FPC Alderson (WV) ★
FCI Beckley (WV)
USP Big Sandy (KY)
FCI-I Butner (NC)
FCI-II Butner (NC)
FCI Cumberland (MD)
SCP Cumberland (MD)
FMC Lexington 1 (KY)
FMC Lexington 2 (KY) ★
FCI Memphis (TN)
FCI Morgantown (WV)
FCI Petersburg – L (VA)
FCI Petersburg – M (VA)

SOUTHEAST REGION

FCI Coleman – L (FL)
USP-II Coleman (FL)
SCP Edgefield (SC)
FSL Jesup (GA)
FCI Marianna (FL)
FCI Miami 1 (FL) §
FCI Miami 2 (FL) §
SCP Miami (FL)
FPC Montgomery 1 (AL)
FPC Montgomery 2 (AL)
FPC Pensacola (FL)
FCI Tallahassee (FL) ★
FCI Yazoo City – L (MS)

NORTH CENTRAL REGION

FPC Duluth (MN)
FCI Englewood (CO)
FCI Florence (CO)
SCP Florence (CO)
SCP Greenville (IL) ★
USP Leavenworth (KS)
SCP Leavenworth (KS)
USP Marion (IL)
FCI Milan (MI)
FCI Oxford (WI)
FCI Sandstone (MN)
MCFP Springfield (MO) ★
FCI Terre Haute (IN)
FCI Waseca (MN) ★
FPC Yankton (SD)

SOUTH CENTRAL REGION

FCI Bastrop (TX)
FCI Beaumont – L (TX)
FCI Beaumont – M (TX)
SCP Beaumont (TX)
USP Beaumont (TX)
FPC Bryan (TX) ★
FMC Carswell 1 (TX) ★★
FMC Carswell 2 (TX) ★ §
FCI El Reno (OK)
FCI Forrest City – L (AR)
FCI Forrest City – M (AR)
FMC Fort Worth (TX)
FCI La Tuna (TX)
FCI Seagoville (TX)
SCP Texarkana (TX)

WESTERN REGION

FCI Dublin (CA) ★
FCI Herlong (CA)
FCI Lompoc (CA)
FCI Phoenix (AZ)
SCP Phoenix (AZ) ★
FCI Safford (AZ)
FCI Sheridan (OR)
SCP Sheridan 1 (OR)
SCP Sheridan 2 (OR)
FCI Terminal Island 1 (CA)
FCI Terminal Island 2 (CA) ★

KEY

FCI = Federal Correctional Institution
FMC = Federal Medical Center
FPC = Federal Prison Camp
FSL = Federal Satellite Low
MCFP = Medical Center for Federal Prisoners
SCP = Satellite Camp
SFF = Secure Female Facility
USP = U.S. Penitentiary

★ Female Facility
★ Co-occurring Disorder Program
§ Spanish Program

79 RDAPs at 71 Locations

RDAPs in Red are at the same facility



RESOLVE PROGRAM

DESCRIPTION

The Resolve Program is a cognitive behavioral therapy (CBT) program designed to address the trauma-related mental health needs of inmates. Specifically, the program seeks to decrease the incidence of trauma-related psychological disorders and improve level of functioning. In addition, the program aims to increase the effectiveness of other treatments, such as drug treatment and healthcare. The program uses a standardized treatment protocol consisting of three components: 1) initial educational workshop (Trauma in Life/Traumatic Stress & Resilience); 2) a skills based treatment group (Seeking Safety) and; 3) Dialectical Behavioral Therapy (DBT), Cognitive Processing Therapy (CPT), and/or a Skills Maintenance Group.

The purposes of the program include the following:

- Improving the inmate's functioning by decreasing mental health symptoms that result from trauma;
- Increasing the effectiveness of other treatment programs available to the inmate;
- Reducing misconduct that results from mental health and trauma related difficulties; and
- Reducing recidivism.

HOURS

20-90 hours of EBRR program credit.

LOCATIONS

FPC Alderson (F)	FCI Aliceville (L)(F)	FCI Ashland (M)	FPC Bryan (F)
FMC Carswell (F)	FCI Coleman (M)	USP Coleman (H)	FCI Cumberland (M)
FCI Danbury (L)	FCI Dublin (L)(F)	FCI Edgefield (M)	ADX Florence
USP Florence (H)	SCP Greenville (F)	SFF Hazelton (L)(F)	USP Leavenworth (M)
USP Lewisburg (M)	FCI Loretto (L)	SCP Lexington (F)	SCP Marianna (F)
FCI Otisville (M)	FCI Oxford (M)	FPC Pekin (F)	FPC Phoenix (F)
FCI Safford (L)	FCI Sheridan (M)	FCI Tallahassee (L)(F)	USP Terre Haute (H)
FCI Victorville (M)	SCP Victorville (F)	FCI Waseca (L)(F)	

Key: ADX = Administrative; SCP = Satellite Camp; (L) = Low; (M) = Medium; (H) = High; (F) = Female

NEEDS

Cognitions, Mental Health, and Trauma

PROGRAM DELIVERY

To ensure program fidelity and proper credit, the **Resolve** program must be delivered by Psychology Services staff.

WOMEN'S CAREER



EXPLORATION SERIES

DESCRIPTION

The Women's Career Exploration Series is a three part gender-responsive and trauma informed care series, grounded in the evidenced based practices of: Cognitive Behavioral Therapy; Motivational Interviewing; the Transtheoretical Model of Behavior Change; and Interactive Journaling. It teaches strategies to help women succeed in the workplace and offers insights to assist women overcome employment barriers and move forward toward success in a long-term career. Components include: career path exploration, steps for success in the work place, identifying career paths that align with individual interests, building a professional network, applying for and gaining a job which leads to a career, establishing good work habits, and learning skills for thriving in the work place.

HOURS

This program is typically completed in 32 hours.

LOCATIONS

Available at all BOP institutions with designated females.

NEEDS

Work

PROGRAM DELIVERY

To ensure program fidelity and proper credit, Women's Career Exploration Series must be delivered by the Special Populations Coordinator or Education staff.

WOMEN'S BASIC FINANCIAL



LITERACY PROGRAM

DESCRIPTION

The Women's Basic Financial Literacy Program teaches women strategies to assist in preparing them to meet their financial reentry goals. This program targets the financial deficits incarcerated women face including: avoiding financial pitfalls, using a checking account, methods for beginning to save for the future, understanding the use of credit and loans, creating a budget, accessing financial resources, understanding the purpose and use of insurance, and gaining financial independence.

HOURS

This program is typically completed in 18 hours.

LOCATIONS

Available at all BOP institutions with designated females.

NEEDS

Finance/Poverty

PROGRAM DELIVERY

To ensure program fidelity and proper credit, the Women's Basic Financial Literacy Program must be delivered by the Special Populations Coordinator, Education or Business Office staff.

STRUCTURED, CURRICULUM-BASED PRODUCTIVE ACTIVITIES

~ ≤ 1900 Hours

Productive Activities (PA) include a wide range of activities including work assignments, community service, inmate led-classes, and other unstructured but valuable ways to spend time. This guide only provides information about structured, curriculum-based PAs.

Productive Activities & Descriptions	Hours	Location(s)	Need(s) Addressed	Program Delivery
A Healthier Me The Healthier Me Program is designed to help incarcerated women build healthy lifestyles by considering what a healthy life means to them and practicing skills for stress management, healthy relationships, physical activity, and mindful eating.	10	All female sites	Recreation/Leisure/Fitness	Recreation Special Population Program Coordinator Unit Team
A Matter of Balance Falling, or fear of falling, can negatively impact older adults by causing them to refrain from enjoyable or therapeutic activities. This program helps to build self-efficacy related to strength and mobility by decreasing fall-related fears. It teaches older inmates to problem-solve and improve their self-esteem.	16	All institutions	Recreation/Leisure/Fitness	Health Services Recreation
AARP Foundation Finances 50+ This program provides financial education and counseling for vulnerable households, particularly adults age 50+. Older adults face unique challenges in financial planning and weak job prospects. This program will assist the older adult in financial goal setting that translates into positive financial behaviors.	5	All institutions	Finance/Poverty	Reentry Affairs Coordinator Unit Team Volunteers
Access This program is designed for incarcerated women who are survivors of domestic violence. It assists women in identifying suitable career options to be economically independent upon reentry. An interactive computer component (which can be printed and used in class) is used to explore career options. Participants also complete testing to determine what career field is best for them.	10	All female sites	Cognitions Mental Health Trauma	Special Population Program Coordinator

Productive Activities & Descriptions	Hours	Location(s)	Needs Addressed	Program Delivery
Alcoholics Anonymous (AA) Support Group This self-help approach to change reduces the likelihood of problematic drinking behaviors. AA can be guided by any Bureau staff member but is essentially a self-help program.	50	All institutions	Substance Use	Contractors Volunteers
Aleph Institute The Aleph Correspondence Course program offers a wide array of learner-friendly materials from a Hebrew Reading and Writing Course to the mystical teachings of the Kabbalah. These courses further develop the student's spiritual growth and knowledge. The Aleph Institute Correspondence Course program focuses on supporting and fostering each student's individual spiritual growth. Each course includes coursework and research. The program is a 12-month per year or 50-hour commitment.	50	All institutions	Anti-Social Peers Cognitions Education	Volunteers
Arthritis Foundation Walk with Ease The Arthritis Foundation's Walk with Ease six-week program teaches participants how to safely make physical activity part of everyday life. Backed by studies from the Institute on Aging and Thurston Arthritis Foundation's Research, after completing this program, participants will reduce the pain and discomfort of arthritis; increase balance, strength, and walking pace; build confidence in the ability to be physically active; and improve overall health.	6	All institutions	Medical Recreation/Leisure/Fitness	Contractors Health Services Recreation Unit Team Volunteers
Beyond Violence: Prevention Program for Criminal-Justice Involved Women Beyond Violence focuses on anger and utilizes a multi-level approach and evidence-based therapeutic strategies (i.e., psychoeducation, role playing, mindfulness activities, cognitive-behavioral restructuring, and grounding skills for trauma triggers). The program is designed to assist women in understanding trauma, the aspects of anger, and emotional regulation.	40	All female sites	Anger/Hostility Cognitions	Special Population Program Coordinator
Brain Health as You Age: You can Make A Difference! Improve memory and decision-making This program fosters self-improvement by providing inmates with knowledge related to brain health and its impact on memory, judgment, decision-making, and overall physical health, as well as the contributory effect brain health has on society as a whole.	5	All institutions	Medical Recreation/Leisure/Fitness	Contractors Health Services Recreation Unit Team Volunteers

Productive Activities & Descriptions	Hours	Location(s)	Needs Addressed	Program Delivery
Brief CBT for Suicidal Individuals This treatment was developed for individuals who are at risk of suicide. Initial focus is crisis intervention such as the development of a safety plan. The protocol also focuses on the development of cognitive strategies to help modify negative thoughts that can lead to self-directed violent behaviors. This treatment can be offered individually or in a group setting.	20	All institutions	Mental Health	Psychology
CBT for Eating Disorders Cognitive Behavioral Therapy for Eating Disorders involves assessment, stabilization, and education for individuals who have been diagnosed with an eating disorder. The program focuses on behavioral monitoring, body image concerns, and the development of new skills. It can be offered in an individual or group therapy format over the course of 20 one-hour sessions.	20	All institutions	Mental Health	Psychology
CBT for Insomnia Cognitive Behavior Treatment for Insomnia helps to identify maladaptive thoughts and behaviors that can lead to persistent insomnia. This program combines aspects of sleep hygiene, stimulus control, sleep restriction, and cognitive therapy into an integrated approach. It can be offered individually or in a group format.	10	All institutions	Mental Health	Psychology
CBT for Prison Gambling This set of four self-guided cognitive-behavioral handouts is designed to help individuals assess their prison gambling behavior and to develop the commitment to quit.	20	All institutions	Anti-Social Peers Cognitions	Psychology
Change Plan The Change Plan, a Productive Activity is a follow up to this program and focuses on the goal established in Foundation. As part of the Foundation Program's Personal Priorities Plan, participants identified three positive changes they wanted to make during incarceration. Change Plan gives participants the opportunity to focus on one of these changes, guiding them through ten evidence-based strategies they can apply to this change.	15	All female sites	Cognitions Education Mental Health Work	Contractors Education Health Services Psychology Special Population Program Coordinator Unit Team Volunteers

Productive Activities & Descriptions	Hours	Location(s)	Needs Addressed	Program Delivery
Circle of Strength Circle of Strength is a protocol designed specifically for women in Federal Detention Centers or other short-term settings. It uses a structured format to provide information and resources about topics important to women while encouraging social support among participants.	20	All female sites	Cognitions Mental Health Trauma	Psychology Special Population Program Coordinator Unit Team
Disabilities Education Program (DEP) DEP is a support group designed specifically for inmates living with physical disabilities while in institutions of varying security levels and focusing on reentry concerns. It uses a structured format to provide information and resources about topics important to inmates with varying physical disabilities while encouraging social and peer support among participants.	10	All institutions	Anti-Social Peers Cognitions Medical	Reentry Affairs Coordinator Special Population Program Coordinator
Drug Education This program is designed to encourage participants with a history of drug use to consider the consequences of their drug use and identify their drug treatment needs. Participants are connected with appropriate treatment programs such as the Residential Drug Abuse Program (RDAP) or the Non-Residential Drug Abuse Program (NRDAP).	15	All institutions	Substance Use	Psychology
Embracing Interfaith Cooperation Embracing Interfaith Cooperation fosters interfaith dialogue, discussion, and understanding. It breaks down stereotypes and barriers for people and communities to serve together toward meeting common civil rights and community goals. The goal of this program is to provide an effective strategy in countering religious discrimination and extremism.	10	All institutions	Cognitions	Chaplaincy Contractors Volunteers
English-as-a-Second Language English-as-a-Second Language (ESL) is an English language education study program for non-native speakers. Students receive individual attention from their teachers as a part of differentiated learning classroom models driven by individual learning needs. Students learn English in cultural and social contexts found in the community. Classes teach different English language skills according to the students' English ability, interests, and needs. The ESL program teaches the following skills: grammar, reading, comprehension, writing, and vocabulary.	500	All institutions	Education Work	Contractors Education Volunteers

Productive Activities & Descriptions	Hours	Location(s)	Needs Addressed	Program Delivery
Federal Prison Industries (FPI) Lean Basic Training Lean Basics Training provides the foundation of Lean Six Sigma practice, methodology and experience with basic tools for process improvement. This includes information regarding the development and success of LSS practice as it has evolved in major corporations.	16	(51) FPI facilities	Work	FPI
Franklin Covey 7 Habits on the Inside This program addresses interpersonal skills impacting relationships. It emphasizes character, integrity, and becoming trustworthy. It helps individuals move from the dependent state to the independent state where they accept responsibility for their thoughts and actions. The ultimate goal of the course leads to improved relationships with family, work, and peers.	50	All institutions	Family/Parenting	Unit Team
Getting to Know Your Healthy Aging Body This program discusses changes in organs, physique, and other physiological processes as we age. It also helps the aging population understand how to maintain the health of major biological systems. These major biological systems include the cardiovascular, digestive, and renal systems. The program also gives you valuable information on skin, ear and eyes, weight management, and sexual health.	12	All institutions	Medical Recreation/Leisure/Fitness	Contractors Health Services Recreation Unit Team Volunteers
Health and Wellness Throughout the Lifespan This program addresses the psychological effects of stress and aging. It explores the developmental psychology of people changing throughout life from infancy, through childhood, adolescence, adulthood, and death with individual needs being met at every stage of growth and development. It stresses the importance of understanding the development and the psychological effects of aging that occurs throughout the human lifespan.	3	All institutions	Medical Recreation/Leisure/Fitness	Contractors Health Services Recreation Unit Team Volunteers
Healthy Steps for Older Adults Healthy Steps for Older Adults is an evidenced-based falls prevention program designed to raise participants' knowledge and awareness of steps to take to reduce falls and improve health and well-being. The goal of the program is to prevent falls, promote health, and ensure that older adults remain as independent as possible for as long as possible.	3	All institutions	Medical Recreation/Leisure/Fitness	Contractors Health Services Recreation Unit Team Volunteers

Productive Activities & Descriptions	Hours	Location(s)	Needs Addressed	Program Delivery
Hooked on Phonics Hooked on Phonics is a program that aides in combating Dyslexia as well as low level readers. Research has shown that combining phonics instruction and reading is the best way to develop a good reader. Reading that includes a high percentage of familiar patterns gives the student the opportunity to read for meaning. Hooked on Phonics includes books and stories woven into the program at the appropriate readability level to provide opportunities for someone to read for meaning and enjoyment.	500	All institutions	Dyslexia	Contractors Education Volunteers
Houses of Healing: A Prisoner's Guide to Inner Power and Freedom Houses of Healing is an intervention program that teaches emotional literacy skills. Emotional literacy is the ability to perceive, understand, and communicate emotions with self and to others. Emotional literacy is also consistent with the concept of emotional intelligence--the ability to monitor one's feelings and emotions, and to use that information to guide thinking and actions.	24	All institutions	Cognitions	Chaplaincy Contractors Volunteers
K2 Awareness Program This program is for individuals suspected of or known to have used K2. It is designed to educate them about the risks of drug use, motivate them to seek drug treatment during their incarceration, and increase their awareness of available treatment resources. The ultimate goal is to reduce K2 use among the inmate population, thereby increasing the safety and security of the institution for staff and inmates.	5	All institutions	Substance Use	Contractors Custody Education Health Services Reentry Affairs Coordinator Unit Team Volunteers
Living a Healthy Life with Chronic Conditions This program assists participants in improving mental and physical well-being. This program is designed for older adults impacted by chronic conditions. It includes 19 topics with flexibility to modify sessions based on group needs.	24	All institutions	Medical Recreation/Leisure/Fitness	Contractors Health Services Recreation Unit Team Volunteers
Managing Your Diabetes Managing Your Diabetes is designed to teach inmates to effectively manage their chronic disease.	12	All institutions	Medical	Medical Volunteers (with appropriate credentials Nurse/ Dietician)

Productive Activities & Descriptions	Hours	Location(s)	Needs Addressed	Program Delivery
Mindfulness-Based Cognitive Therapy Mindfulness-Based Cognitive Therapy is a group intervention aimed at preventing symptom relapse in individuals who have a history of depression and anxiety. In this treatment program, participants learn to engage in daily practice mindfulness skills and cognitive behavioral techniques to treatment the symptoms of depression and anxiety.	16	All institutions	Mental Health	Psychology
Narcotics Anonymous This self-help approach to change reduces the likelihood of future drug use. NA can be guided by any Bureau staff member but is essentially a self-help program.	50	All institutions	Substance Use	Volunteers
National Diabetes Prevention Program This is a preventative program to assist at-risk and older adults in living healthier lifestyles and increasing physical activity. Diabetes can affect persons at all ages, but this program is recommended by the developers for any person over 60, because risk increases with age.	16	All institutions	Medical Recreation/Leisure/Fitness	Contractors Medical Recreation Unit Team Volunteers
PEER The Personal Education & Enrichment Resources (PEER) support group is designed for inmates living with cognitive and physical disabilities while in institutions of varying security levels. This facilitator-led group provides information and resources about topics important to inmates with varying disabilities while encouraging social and peer support among participants.	10	All institutions	Anti-Social Peers	Special Population Program Coordinator Unit Team
Pu'a Foundation Reentry Program This is a trauma-informed care program for female inmates at FDC Honolulu grounded in Hawaiian culture. The program focuses on families affected by trauma and incarceration with a special emphasis on women, girls, and Native Hawaiian participants.	20	FDC Honolulu	Family/Parenting Trauma	Contractors Education Unit Team Volunteers

Productive Activities & Descriptions	Hours	Location(s)	Needs Addressed	Program Delivery
Resilience Support Resilience Support is a support group designed specifically for veteran inmates living in institutions of varying security levels. It uses a structured format to provide resilience-building skills to veteran inmates of all uniformed services encouraging peer and social support among participants. It emphasizes positive interpersonal relationships, physical and mental wellness, discovery of life purpose and meaning, self-compassion, and personal growth. The support group provides strategies to improve an individual's ability to adapt to adversity.	8	All institutions	Anti-Social Peers Cognitions	Reentry Affairs Coordinators Special Population Coordinators Unit Team Volunteers
Service Fit This program is an eight-week, uniformed service inspired program designed specifically for inmate veterans. It uses a structured format to provide physical activity supporting a healthy lifestyle while encouraging social and peer support among participants.	16	All institutions	Recreation/Leisure/Fitness	Contractors Medical Recreation Reentry Affairs Coordinators Unit Team Volunteers
Sexual Self-Regulation (SSR) The SSR treatment protocol is designed to teach the practice of a set of self-management skills to gain effective control over deviant sexual urges and behaviors. To accomplish this task, participants are required to understand deviant sexual fantasies or urges and the factors that exacerbate or escalate sexual arousal. With this understanding, participants construct a plan to manage recurrent deviant arousal.	100	All institutions	Cognitions	Psychology
Soldier On Soldier On is a support group designed specifically for veterans living in varying security levels. It uses a structured format to provide information and resources about topics important to veterans of all uniformed services encouraging social and peer support among participants.	15	All institutions	Anti-Social Peers Trauma	Contractors Special Population Program Coordinator Unit Team Volunteers
Square One: Essentials for Women Square One is a basic life skills program designed specifically for female offenders. Although any woman may participate, it is designed to meet the needs of lower functioning women or those who have not lived or worked independently. The program adheres to principles associated with cognitive-behavioral approaches.	12	All female sites	Finance/Poverty Mental Health Recreation/Leisure/Fitness	Business Office Contractors Education Medical Reentry Affairs Coordinators Special Population Program Coordinator Unit Team Volunteers

Productive Activities & Descriptions	Hours	Location(s)	Needs Addressed	Program Delivery
START NOW This program is designed for use in correctional facilities to treat offenders with behavioral disorders and associated behavioral problems. Start Now is designed as a strengths-based approach, focusing on an accepting and collaborative clinical style. It places the primary responsibility for change on the individual. It includes a gender-responsive program that was developed specifically for female offenders.	32	All institutions (gendered curricula)	Anger/Hostility Cognitions	Contractors Education Health Services Psychology Reentry Affairs Coordinators Special Population Program Coordinator Unit Team Volunteers
Supported Employment Supported Employment is designed to carefully match seriously mentally ill (SMI) individuals with competitive job opportunities suitable to their interests and abilities by incorporating therapeutic support through the process of job acquisition and daily performance.	20	All institutions	Education Mental Health Work	Psychology
Talking with Your Doctor: Guide for Older Adults This program offers tips on how older adults can prepare for a medical appointment; effectively discuss health concerns; coordinate assistance from family and friends; make decisions with the doctor about treatment; identify appropriate assisted living; and much more.	5	All institutions	Medical Recreation/Leisure/Fitness	Education Health Services
Trauma Education Trauma in Life (for females) and Traumatic Stress and Resilience (for males) - The purpose of the Trauma Education workshop is to provide information about understanding traumatic experiences, the impact of traumatic experiences, building resilience, and resolving difficulties through treatment. This group is designed to be educational and does not discuss specific personal traumas during group sessions.	8	All institutions	Mental Health Trauma	Psychology
Ultra Key 6: The Ultimate Keyboarding Tutor Ultra Key 6 places a strong emphasis on learning proper typing technique and typing accuracy, as well as speed. It emphasizes mastery of correct typing posture and fluent keystroke memory results in improved typing speed with practice. The program is adaptive and allows users to progress at their own pace.	20	All institutions	Education Work	Contractors Education

Productive Activities & Descriptions	Hours	Location(s)	Needs Addressed	Program Delivery
Understanding Your Feelings: Shame and Low Self Esteem This program helps women evaluate the role of shame and low self-esteem in their lives. Risk factors are identified for each individual, and coping skills to improve self-worth are learned and practiced.	7	All female sites	Cognitions Mental Health Trauma	Education Health Services Special Population Program Coordinator
Victim Impact: Listen and Learn A rehabilitative program that puts "victims first." Students who participate will be provided with a skillset to understand the impact crimes have on their victims.	26	All institutions	Cognitions	Health Services Unit Team
Wellness Recovery Action Plan The Wellness Recovery Action Plan (WRAP) is a recovery-oriented, evidence-based practice that teaches individuals with a serious mental illness to maintain their recovery through wellness activities and to identify desired treatment and supports prior to crises. It consists of 8 sessions of 2.5 hours each.	20	All institutions	Mental Health	Psychology
Women in the 21st Century Workplace This program addresses workforce and soft skills of women with longer sentences. It is based on a Department of Labor program and adapted for use with incarcerated women. The program identifies women's roles in the modern workforce and assists participants in understanding important job-related skills.	10	All female sites	Education Work	Contractors Education FPI Special Population Program Coordinator Volunteers
Women's Aging: Aging Well The Aging Well Program is for incarcerated women ages 45 and up. Its goal is to help women learn valuable information on aging, learn helpful strategies for change, and access the support of positive peers. The program helps women age well in the areas of meaning and purpose, physical health, mental and emotional well-being, healthy relationships, and planning for the future.	10	All female sites	Medical Recreation/Leisure/Fitness	Special Population Program Coordinator Volunteers
Women's Relationships This cognitive behavioral therapy group assists women in identifying and developing healthy, prosocial relationships with friends, family, and acquaintances.	5	All female sites	Anti-Social Peers Cognitions Family/Parenting	Contractors Education Special Population Program Coordinator Volunteers

Productive Activities & Descriptions	Hours	Location(s)	Needs Addressed	Program Delivery
Women's Relationships II This seven-part gender responsive and trauma informed series for women examines the relationships of incarcerated women. The program explores self-image, connections with others, building healthy relationships, communication techniques and the transitioning of relationships.	74	All female sites	Anti-Social Peers Cognitions Family/Parenting Trauma	Contractors Education Special Population Program Coordinator Volunteers
Women's Reflections Group The Women's Reflections Group targets women who are struggling to make good choices, may be transitioning from special housing, or are experiencing difficulty addressing environmental stressors. The program gives incarcerated women a safe and comfortable place where they can process problems and emotional concerns they are experiencing and gain tools needed to work toward solving these problems. Members gain insight into their own thoughts and behavior.	36	All female sites	Anti-Social Peers Cognitions	Special Population Program Coordinator Reentry Affairs Coordinator

APPENDIX A

Federal Bureau of Prisons Occupational Training Directory

OCCUPATIONAL EDUCATION PROGRAMS	
PROGRAM DESCRIPTION	<p>The Occupational Education Program is designed to help inmates acquire marketable skills in a wide variety of trades. Programs which vary from institution to institution are provided by either career civil-service vocational training instructors or through contracts with colleges and technical schools. Many institutions also provide registered apprenticeships through the United States Department of Labor's Office of Apprenticeship.</p> <p>An Inmate Occupational Training Directory, outlining the specifics for programs offered at each institution was published in September 2013. The Directory is accessible via: http://www.bop.gov/inmates/custody_and_care/docs/inmate_occupational_training_directory.pdf</p>
TIME FRAME	<p>Program length varies with the provider and the complexity of the program. Upon completion of a marketable occupational education program, inmates may earn an AA, AS, AAS degree and/or an industry recognized certification. Apprenticeship programs are usually 2,000+ hours and may take three to four years to complete.</p>
ADMISSION CRITERIA	<p>All inmates are eligible to participate in an institution's occupational education program. The inmate's unit team, in consultation with the Education Department, determines if a particular course of study is suited to the inmate's needs. Inmates with a demonstrated need for occupational training may have their enrollments deferred until the latter part of their sentence, to ensure their training is current upon release. Occupational education programs typically require an inmate to have a GED or high school diploma or concurrent enrollment in the Literacy Program.</p> <p>Inmates under orders of deportation, exclusion, or removal may participate in an institution's occupational education program if institution resources permit after meeting the needs of other eligible inmates.</p>
PROGRAM CONTENT	<p>Program content focuses on developing the skills necessary for entry-level employment in a given trade.</p>
EMPIRICAL SUPPORT	<p>Evidence shows a relationship between correctional education program participation before release and lower odds of recidivating after release (Davis et al., 2014; Saylor and Gaes, 1996; Aos, Phipps, Barnoski and Lieb, 2001). In a study conducted in Maryland, Minnesota and Ohio, correctional education participants had lower recidivism rates in the categories of re-arrest, re-conviction, and re-incarceration (Steurer, Smith and Tracy, 2001). There is some evidence that in-prison vocational education is effective in improving individuals' likelihood of post-release employment (Davis et al., 2014).</p>
APPLICABLE POLICIES	<p>5353.01 Occupational Education Programs.</p> <p>5300.21 Education, Training and Leisure Time Program Standards.</p>
INSTITUTION LOCATIONS	<p>All Bureau facilities are mandated to offer Occupational Training with the following exceptions: metropolitan correctional centers, metropolitan/federal detention centers, the Federal Transportation Center, satellite camps, and the administrative maximum facility.</p>



FEDERAL BUREAU OF PRISONS

Occupational Training Directory (OTD)
by Institution

Course Title	DOL Category DOL Specific Category Program Type	Months Duration	Pre-Requisite	Instructional Source Specific Degree Job Title	Credit Types CEUs / College
Institution: ALDERSON FPC					
Air Conditioning/Refrigeration Location: Camp	Installation, Maintenance, and Repair - Heating, Air Conditioning, and Refrigeration Mechanics and Installers - Apprenticeship	36	High School Diploma or GED - employed by HVAC at the facility for 60 days, 6 months clear conduct	BOP Employee Department of Labor Certificate HVAC worker	0 / 0
Automotive Mechanic Location: Camp	Installation, Maintenance, and Repair - Automotive Service Technicians and Mechanics - Apprenticeship	18	High School Diploma or GED - 6 months clear conduct	BOP Employee Department of Labor Certificate Automotive Mechanic	0 / 0
Cook Location: Camp	Food Preparation and Serving - Cooks - Apprenticeship	30	High School Diploma or GED - employed by Food Service for 60 days, 6 months clear conduct	BOP Employee Department of Labor Certificate Cook	0 / 0
Cosmetology Location: Camp	Personal Care and Service - Barbers, Hairdressers, and Cosmetologists - Occ Ed Class	18	High School Diploma or GED - 6 months clear conduct	Independent Contractor Industry-Recognized Certificate Cosmetologist	0 / 65
Customer Service Representative Location: Camp	Office and Administrative Support - Customer Service Representatives - Occ Ed Class	12	High School Diploma or GED - 6 months clear conduct	Accredited Post Secondary Institution Post-Secondary (College) Certificate Only Customer Service Representative	0 / 15



FEDERAL BUREAU OF PRISONS

Occupational Training Directory (OTD)
by Institution

Course Title	DOL Category DOL Specific Category Program Type	Months Duration	Pre-Requisite	Instructional Source Specific Degree Job Title	Credit Types CEUs / College
Institution: ALDERSON FPC (Cont'd)					
Electrician Location: Camp	Construction and Extraction - Electricians - Apprenticeship	18	High School Diploma or GED - employed by Electric Shop for 60 days, 6 months clear conduct	BOP Employee Department of Labor Certificate Electrician	0 / 0
Horticulture Location: Camp	Farming, Fishing, and Forestry - Agricultural Workers - Occ Ed Class	6	High School Diploma or GED - 6 months clear conduct	Independent Contractor Post-Secondary (College) Certificate Only Greenhouse Worker	0 / 43
Landscaping Location: Camp	Building and Grounds Cleaning - Grounds Maintenance Workers - Apprenticeship	18	High School Diploma or GED - 6 months clear conduct	BOP Employee Department of Labor Certificate Landscaper	0 / 0
Medical Insurance and Billing Clerk Location: Camp	Office and Administrative Support - Financial Clerks - Occ Ed Class	24	High School Diploma or GED - 6months clear conduct	Accredited Post Secondary Institution Post-Secondary (College) Certificate Only Medical Insurance and Billing Clerk	0 / 30
Medical Transcriptionist Location: Camp	Office and Administrative Support - General Office Clerks - Occ Ed Class	18	High School Diploma or GED - 6 months clear conduct	Accredited Post Secondary Institution Post-Secondary (College) Certificate Only Medical Machine Transcriptionist	0 / 18



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Occupational Training Directory (OTD)
by Institution

Course Title	DOL Category DOL Specific Category Program Type	Months Duration	Pre-Requisite	Instructional Source Specific Degree Job Title	Credit Types CEUs / College
Institution: ALDERSON FPC (Cont'd)					
Plumber Location: Camp	Installation, Maintenance, and Repair - General Maintenance and Repair Workers - Apprenticeship	27	High School Diploma or GED - employed by Plumbing Shop for 60 days, 6 months clear conduct	BOP Employee Department of Labor Certificate Plumber	0 / 0
Receptionist Location: Camp	Office and Administrative Support - Receptionists - Occ Ed Class	18	High School Diploma or GED - 6 months clear conduct	Accredited Post Secondary Institution Post-Secondary (College) Certificate Only Receptionist	0 / 21
Teacher Assistant Location: Camp	Education, Training, and Library - Teacher Assistants - Apprenticeship	18	High School Diploma or GED - employed in Education as an aide for 60 days, 6 months clear conduct	BOP Employee Department of Labor Certificate Teacher Assistant	0 / 0
VT Masonry Location: Camp	Construction and Extraction - Brickmasons, Blockmasons, and Stonemasons - Occ Ed Class	5	High School Diploma or GED - 6 months clear conduct	BOP Employee Industry-Recognized Certificate Mason	0 / 0
Welder Location: Camp	Production - Welders, Cutters, Solderers, and Brazers - Apprenticeship	48	High School Diploma or GED - employed by Welding Shop for 60 days, 6 months clear conduct	BOP Employee Department of Labor Certificate Welder	0 / 0



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FEDERAL PRISON HEALTHCARE;
WHAT YOU & YOUR DEFENDANT NEED TO KNOW
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